

COVID-19 Coronavirus Disease

Public Health Measures

Physical distance

This is for **everyone** all the time. Don't shake hands or hug. Stay six feet apart. Wash hands well and often. Cover coughs and sneezes with a tissue or elbow.



Persons should stay six feet apart.

Quarantine

This involves separating those persons who may have been **exposed** to COVID-19 from those who have not



Persons in quarantine are well, but may have been close to someone with Covid 19

Isolation

This involves separating persons who have COVID-19 from persons who do not



Persons in isolation have been diagnosed with Covid 19 and are contagious.

All of these measures are taken to **protect** the public and **prevent** the spread of COVID-19.



GOVERNMENT OF BERMUDA
Ministry of Health

For more information visit:
www.gov.bm/coronavirus