

WHAT IS PUBLIC HEALTH?

Public health is an exciting, dynamic, multidisciplinary field where people work to protect and improve the health of communities and populations through education, promotion of healthy lifestyles, and research for disease and injury prevention.

Public health focuses on health of entire populations while they are still healthy rather than on individual patients when they become ill.



OCCUPATIONAL THERAPIST

I help people become active and independent.



SPEECH THERAPIST

I promote communication for a lifetime.



HEALTH VISITOR

I assist families in giving babies a healthy start.



COMMUNITY HEALTH NURSE

I provide nursing care at home for seniors and others.



VECTOR CONTROL INSPECTOR

I help control rats and mosquitoes that carry diseases.



SCHOOL NURSE

I help children make healthy choices for life.



COMMUNITY HEALTH WORKER

I assist seniors and persons with disabilities at home.



SOCIAL WORKER

I protect the vulnerable, provide counseling, advise and direction for individuals in need.



PUBLIC HEALTH ANALYST

I provide scientific analyses that helps to identify bacteriological and chemical risks in water, food and dairy.



LABORATORY TECHNOLOGIST

I help diagnose and treat diseases.



ENVIRONMENTAL HEALTH OFFICER

I make sure that your environment is safe and healthy.



HEALTHY SCHOOLS COORDINATOR

I help ensure the well-being of our school communities by supporting and promoting healthy lifestyles throughout the students' lifespan.



DENTIST

I help your smile stay bright for a lifetime.



HANDYMAN/DRIVER

I help maintain health facilities and assist with the implementation of health events.

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CHILDCARE REGULATIONS OFFICER

I ensure quality, accountability, compliance and best practice in child care settings.



DENTAL ASSISTANT

I prepare patients for dental work, and maintain a sterile and stress free environment.



PUBLIC HEALTH NUTRITIONIST

I provide nutrition advice for the promotion of healthy eating behaviours.



NURSE ASSISTANT

I provide direct care to clients to assist them with basic needs.



MEDICAL OFFICER

I help assess and manage health concerns.



PUBLIC HEALTH NURSE

I help manage and control communicable diseases.



RECREATIONAL THERAPIST

I help to maximize, improve and regain physical health through recreational activities.



RECORDS CLERK

I maintain the physical and electronic medical records for the Child Health and School clinics.



HEALTH PROMOTION & WELLNESS COORDINATOR

I develop and coordinate programmes and activities for the community that promote healthy lifestyles, environments and policies.



ORAL HEALTH EDUCATOR

I help provide health education and promotion to encourage healthy oral health behaviour.



LONG TERM CARE FACILITY COOK

I plan, prepare and cook meals according to dietary needs.



OCCUPATIONAL SAFETY & HEALTH OFFICER

I monitor the safety of work places and investigate complaints, major accidents or ill health caused by workplace hazards.



PORT HEALTH OFFICER

I protect the health of travellers by preventing the spread of international diseases particularly through Airports and Seaports.



PHYSIOTHERAPIST

I help maximize the functional potential for children with delays in normal development to foster milestones.